

Book 4: Meditative/reflective, why exile? *Psalms 90-106*

Authorship of Note

90 – Moses

91-106 – David or anonymous

5 Psalms in this book you must know –Psalm 90 (God only true refuge), 91 (Exorcism/spiritual warfare), 95 (Call to worship), 100 (Todah–Thanksgiving) & 104 (Hymn of Creation)

Psalms 91 with - Analysis from Holy Angels Mal'ak Elohim, Fr. Sebastian Chukwuma Anokwulu (36-38)

1-2: Invitation to the Protection of God – He who dwells (“all who seek good” in the impersonal third person), i.e. wisdom: general protection promised

1 He who dwells in the shelter of the Most High, who abides in the shadow of the Almighty, 2 will say to the Lord, “My refuge and my fortress; my God, in whom I trust.”

3-8: General forms of Protection

3 For he will deliver you from the snare of the fowler and from the deadly pestilence; 4 he will cover you with his pinions, and under his wings you will find refuge; his faithfulness is a shield and buckler. 5 You will not fear the terror of the night, nor the arrow that flies by day, 6 nor the pestilence that stalks in darkness, nor the destruction that wastes at noonday. 7 A thousand may fall at your side, ten thousand at your right hand; but it will not come near you. 8 You will only look with your eyes and see the recompense of the wicked.

9-10: Invitation to the Protection of God –you who have chosen the Lord as your refuge: angelic protection promised

9 Because you have made the Lord your refuge, the Most High your habitation, 10 no evil shall befall you, no scourge come near your tent.

11-13: Protection – angels guard & support you to tread upon the asp and the viper, trample the lion and the dragon (literal/spiritual sense)

11 For he will give his angels charge of you (**Heb 1:14**) to guard you in all your ways. (**Ps 121:3; Pro 3:23 – Referenced by Satan in Lk 4:10-11/Mt 4:6 when he tempts Jesus in the desert**) 12 On their hands they will bear you up, lest you dash your foot against a stone. 13 You will tread on the lion and the adder, the young lion and the serpent you will trample under foot.

14-16: The Oracle of Salvation

14 Because he clings to me in love, I will deliver him; I will protect him, because he knows my name. 15 When he calls to me, I will answer him; I will be with him in trouble, I will rescue him and honor him. 16 With long life I will satisfy him, and show him my salvation.